Zone
CLEANING SCHEDULE

FIVE ZONES, ONE A WEEK, THEN BACK TO THE KITCHEN

1 KITCHEN
Week 1 · Kitchen, eating area, pantry



PASS ○1 ○2 ○3 ○4 ○5 ○6

2 BATHROOMS
Week 2 · Every bathroom and half bath



PASS ○1 ○2 ○3 ○4 ○5 ○6

3 BEDROOMS
Week 3 · Every bedroom, guest room too



PASS ○1 ○2 ○3 ○4 ○5 ○6

4 LIVING AND ENTRY
Week 4 · Living room, hall, the launch spot



PASS ○1 ○2 ○3 ○4 ○5 ○6

5 LAUNDRY, STORAGE AND OUTDOORS
Week 5 · Laundry area, closets, garage or shed, porch or yard



PASS ○1 ○2 ○3 ○4 ○5 ○6

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

◆ MISSED A WEEK?
The zone stays due, the next one waits, and the loop runs a week later.

◆ HOW TO USE
At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

One zone a week. The rest can wait.

ORDERLY WEEK

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Zone
CLEANING SCHEDULE

YOUR ROOMS, IN FIVE ZONES, WRITTEN ONCE

SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

KITCHEN
Kitchen, eating area, pantry

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BATHROOMS
Every bathroom and half bath

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BEDROOMS
Every bedroom, guest room too

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LIVING AND ENTRY
Living room, hall, the launch spot

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LAUNDRY, STORAGE AND OUTDOORS
Laundry area, closets, garage or shed, porch or yard

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

◆ HOW TO USE

Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

◆ MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

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A Simple Loop Through the House

ZONE

Cleaning Schedule

WEEK 1 ○ Kitchen	WEEK 2 ○ Bathrooms	WEEK 3 ○ Bedrooms	WEEK 4 ○ Living and entry	WEEK 5 ○ Laundry, storage and outdoors
WEEK 6 ○ Kitchen	WEEK 7 ○ Bathrooms	WEEK 8 ○ Bedrooms	WEEK 9 ○ Living and entry	WEEK 10 ○ Laundry, storage and outdoors
WEEK 11 ○ Kitchen	WEEK 12 ○ Bathrooms	WEEK 13 ○ Bedrooms	WEEK 14 ○ Living and entry	WEEK 15 ○ Laundry, storage and outdoors
WEEK 16 ○ Kitchen	WEEK 17 ○ Bathrooms	WEEK 18 ○ Bedrooms	WEEK 19 ○ Living and entry	WEEK 20 ○ Laundry, storage and outdoors
WEEK 21 ○ Kitchen	WEEK 22 ○ Bathrooms	WEEK 23 ○ Bedrooms	WEEK 24 ○ Living and entry	WEEK 25 ○ Laundry, storage and outdoors
WEEK 26 ○ Kitchen	WEEK 27 ○ Bathrooms	WEEK 28 ○ Bedrooms	WEEK 29 ○ Living and entry	WEEK 30 ○ Laundry, storage and outdoors

KITCHEN
Kitchen, eating area, pantry

BATHROOMS
Every bathroom and half bath

BEDROOMS
Every bedroom, guest room too

LIVING AND ENTRY
Living room, hall, the launch spot

LAUNDRY, STORAGE AND OUTDOORS
Laundry area, closets, garage or shed, porch or yard

MISSED A WEEK? The zone stays due, the next one waits, and the loop runs a week later.

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE _____

_____ JOINS ZONE _____

HOW TO USE

At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

One zone a week. The rest can wait.

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ZONE CLEANING *Schedule*

FIVE ZONES, ONE A WEEK, THEN BACK TO THE KITCHEN

1 **KITCHEN**
Week 1 · Kitchen, eating area, pantry



PASS 1 2 3 4 5 6

2 **BATHROOMS**
Week 2 · Every bathroom and half bath



PASS 1 2 3 4 5 6

3 **BEDROOMS**
Week 3 · Every bedroom, guest room too



PASS 1 2 3 4 5 6

4 **LIVING AND ENTRY**
Week 4 · Living room, hall, the launch spot



PASS 1 2 3 4 5 6

5 **LAUNDRY, STORAGE AND OUTDOORS**
Week 5 · Laundry area, closets, garage or shed, porch or yard



PASS 1 2 3 4 5 6

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

HOW TO USE

At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

One zone a week. The rest can wait.

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One zone a week. The rest can wait.

Zone

CLEANING SCHEDULE

Five zones, one a week, then back to the kitchen

1 

Kitchen

→ Week 1 · Kitchen, eating area, pantry

PASS ○ ○ ○ ○ ○ ○

2 

Bathrooms

→ Week 2 · Every bathroom and half bath

PASS ○ ○ ○ ○ ○ ○

3 

Bedrooms

→ Week 3 · Every bedroom, guest room too

PASS ○ ○ ○ ○ ○ ○

4 

Living and entry

→ Week 4 · Living room, hall, the launch spot

PASS ○ ○ ○ ○ ○ ○

5 

Laundry, storage and outdoors

→ Week 5 · Laundry area, closets, garage or shed, porch or yard

PASS ○ ○ ○ ○ ○ ○

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

HOW TO USE

At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

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YOUR ROOMS, IN FIVE ZONES, WRITTEN ONCE

Zone Cleaning Schedule

SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

KITCHEN
Kitchen, eating area, pantry

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BATHROOMS
Every bathroom and half bath

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BEDROOMS
Every bedroom, guest room too

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LIVING AND ENTRY
Living room, hall, the launch spot

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LAUNDRY, STORAGE AND OUTDOORS
Laundry area, closets, garage or shed, porch or yard

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

◆ HOW TO USE

Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

◆ MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

One zone a week. The rest can wait.

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Zone
CLEANING SCHEDULE

Every Room Gets Its Turn

SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

KITCHEN
Kitchen, eating area, pantry

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BATHROOMS
Every bathroom and half bath

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BEDROOMS
Every bedroom, guest room too

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LIVING AND ENTRY
Living room, hall, the launch spot

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LAUNDRY, STORAGE AND OUTDOORS
Laundry area, closets, garage or shed, porch or yard

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

◆ HOW TO USE
Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

◆ MISSED A WEEK?
The zone stays due, the next one waits, and the loop runs a week later.

One zone a week. The rest can wait.

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Zone Cleaning
SCHEDULE

FIVE ZONES, ONE A WEEK, THEN BACK TO THE KITCHEN

1 KITCHEN
Week 1 · Kitchen, eating area, pantry



PASS 1 2 3 4 5 6

2 BATHROOMS
Week 2 · Every bathroom and half bath



PASS 1 2 3 4 5 6

3 BEDROOMS
Week 3 · Every bedroom, guest room too



PASS 1 2 3 4 5 6

4 LIVING AND ENTRY
Week 4 · Living room, hall, the launch spot



PASS 1 2 3 4 5 6

5 LAUNDRY, STORAGE AND OUTDOORS
Week 5 · Laundry area, closets, garage or shed, porch or yard



PASS 1 2 3 4 5 6

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

HOW TO USE

At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

ONE ZONE A WEEK.
THE REST CAN WAIT.

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YOUR ROOMS, IN FIVE ZONES, WRITTEN ONCE

ZONE

CLEANING SCHEDULE

SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

KITCHEN

Kitchen, eating area, pantry

- ○
- ○
- ○
- ○
- ○

BATHROOMS

Every bathroom and half bath

- ○
- ○
- ○
- ○
- ○

BEDROOMS

Every bedroom, guest room too

- ○
- ○
- ○
- ○
- ○

LIVING AND ENTRY

Living room, hall, the launch spot

- ○
- ○
- ○
- ○
- ○

LAUNDRY, STORAGE AND OUTDOORS

Laundry area, closets, garage or shed, porch or yard

- ○
- ○
- ○
- ○
- ○

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

HOW TO USE

Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

One zone a week. The rest can wait.

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YOUR ROOMS, IN FIVE ZONES, WRITTEN ONCE

ZONE CLEANING

SCHEDULE

1

KITCHEN

Kitchen, eating area, pantry



2

BATHROOMS

Every bathroom and half bath



3

BEDROOMS

Every bedroom, guest room too



4

LIVING AND ENTRY

Living room, hall, the launch spot



5

LAUNDRY, STORAGE AND OUTDOORS

Laundry area, closets, garage or shed, porch or yard



6

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

JOINS

JOINS



SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

HOW TO USE

Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

One zone a week. The rest can wait.

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ZONE
CLEANING SCHEDULE

Simple Zones, Your Way

SET UP ONCE The rooms are a starting list. Cross out or add rooms once, to fit your home.

KITCHEN
Kitchen, eating area, pantry

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BATHROOMS
Every bathroom and half bath

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

BEDROOMS
Every bedroom, guest room too

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LIVING AND ENTRY
Living room, hall, the launch spot

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

LAUNDRY, STORAGE AND OUTDOORS
Laundry area, closets, garage or shed, porch or yard

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

_____ JOINS _____

HOW TO USE
Rooms the zone names leave out, such as a home office or a playroom, join the zone they sit next to. Write them in once. Use each cleaner as its label says; never mix two products.

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One zone a week. The rest can wait.

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Zone

CLEANING SCHEDULE

FIVE ZONES, ONE A WEEK, THEN BACK TO THE KITCHEN

1 KITCHEN

Week 1 · Kitchen, eating area, pantry

PASS 1 2 3 4 5 6

2 BATHROOMS

Week 2 · Every bathroom and half bath

PASS 1 2 3 4 5 6

3 BEDROOMS

Week 3 · Every bedroom, guest room too

PASS 1 2 3 4 5 6

4 LIVING AND ENTRY

Week 4 · Living room, hall, the launch spot

PASS 1 2 3 4 5 6

5 LAUNDRY, STORAGE AND OUTDOORS

Week 5 · Laundry area, closets, garage or shed, porch or yard

PASS 1 2 3 4 5 6

EXTRA ROOMS

Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

MISSED A WEEK?

The zone stays due, the next one waits, and the loop runs a week later.

HOW TO USE

At the Weekly Reset, read the next zone here. On your least busy day, start at the top of its list: high to low, floor last. When the week ends, tick the zone's circle for this pass. Use each cleaner as its label says; never mix two products.

One zone a week. The rest can wait.

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Zone Cleaning Schedule
Simple + Realistic

1 KITCHEN
Week 1 · Kitchen, eating area, pantry

PASS 1 2 3 4 5 6

2 BATHROOMS
Week 2 · Every bathroom and half bath

PASS 1 2 3 4 5 6

3 BEDROOMS
Week 3 · Every bedroom, guest room too

PASS 1 2 3 4 5 6

4 LIVING AND ENTRY
Week 4 · Living room, hall, the launch spot

PASS 1 2 3 4 5 6

5 LAUNDRY, STORAGE AND OUTDOORS
Week 5 · Laundry area, closets, garage or shed, porch or yard

PASS 1 2 3 4 5 6

EXTRA ROOMS
Rooms the zones leave out, like a home office or a playroom

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

_____ JOINS ZONE ____

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The zone stays due, the next one waits, and the loop runs a week later.

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