Kids' CHORE CHART

AGES 3 TO 5 · LITTLE JOBS, DONE TOGETHER

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Put toys back in their bin	○	○	○	○	○	○	○
Dirty clothes in the hamper	○	○	○	○	○	○	○
Carry my plate to the counter	○	○	○	○	○	○	○
Help make my bed	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Match the socks from the clean laundry	_____	○
Wipe the table with a damp cloth	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

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Kids' CHORE CHART

AGES 6 TO 8 · SMALL JOBS, EVERY DAY

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Make my bed	○	○	○	○	○	○	○
Set or clear the table	○	○	○	○	○	○	○
Put clean clothes away	○	○	○	○	○	○	○
Bag and shoes to the launch spot	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Empty the small trash cans	_____	○
Dust the low shelves and tables	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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Kids' CHORE CHART

AGES 9 TO 11 · BIGGER JOBS, DONE ALONE

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Tidy my room	○	○	○	○	○	○	○
Load or empty the dishwasher	○	○	○	○	○	○	○
Pack my lunch or snack	○	○	○	○	○	○	○
Wipe the table after dinner	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Vacuum my room	_____	○
Fold and put away my laundry	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

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Kids' CHORE CHART

AGES 12 AND UP · WHOLE JOBS, START TO FINISH

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Tidy my room	○	○	○	○	○	○	○
Do the dishes or load the dishwasher	○	○	○	○	○	○	○
Wipe the counters after dinner	○	○	○	○	○	○	○
A 10-minute tidy of one shared room	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Wash, dry and fold my laundry	_____	○
Clean the bathroom sink, mirror and toilet	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

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Kids' CHORES BY AGE

THE JOBS GROW WITH THE CHILD

1 AGES 3 TO 5

Little jobs, done together

EVERY DAY

- Put toys back in their bin
- Dirty clothes in the hamper
- Carry my plate to the counter
- Help make my bed

ONCE A WEEK

- Match the socks from the clean laundry
- Wipe the table with a damp cloth

2 AGES 6 TO 8

Small jobs, every day

EVERY DAY

- Make my bed
- Set or clear the table
- Put clean clothes away
- Bag and shoes to the launch spot

ONCE A WEEK

- Empty the small trash cans
- Dust the low shelves and tables

3 AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- Tidy my room
- Load or empty the dishwasher
- Pack my lunch or snack
- Wipe the table after dinner

ONCE A WEEK

- Vacuum my room
- Fold and put away my laundry

4 AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- Tidy my room
- Do the dishes or load the dishwasher
- Wipe the counters after dinner
- A 10-minute tidy of one shared room

ONCE A WEEK

- Wash, dry and fold my laundry
- Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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Kids' Chore Chart

Ages 6 to 8 · Small jobs, every day

This chart belongs to _____ Week of _____

Every day

	M	T	W	T	F	S	S
Make my bed	○	○	○	○	○	○	○
Set or clear the table	○	○	○	○	○	○	○
Put clean clothes away	○	○	○	○	○	○	○
Bag and shoes to the launch spot	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

Once a week

	DAY	DONE
Empty the small trash cans	_____	○
Dust the low shelves and tables	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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Kids' CHORE CHART

Ages 9 to 11 · Bigger jobs, done alone

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Tidy my room	○	○	○	○	○	○	○
Load or empty the dishwasher	○	○	○	○	○	○	○
Pack my lunch or snack	○	○	○	○	○	○	○
Wipe the table after dinner	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Vacuum my room	_____	○
Fold and put away my laundry	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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THE JOBS GROW WITH THE CHILD

KIDS' *Chores by Age*

EVERY DAY

- AGES 3 TO 5 — Put toys back in their bin
- AGES 3 TO 5 — Dirty clothes in the hamper
- AGES 3 TO 5 — Carry my plate to the counter
- AGES 3 TO 5 — Help make my bed
- AGES 6 TO 8 — Make my bed
- AGES 6 TO 8 — Set or clear the table
- AGES 6 TO 8 — Put clean clothes away
- AGES 6 TO 8 — Bag and shoes to the launch spot
- AGES 9 TO 11 — Tidy my room
- AGES 9 TO 11 — Load or empty the dishwasher
- AGES 9 TO 11 — Pack my lunch or snack
- AGES 9 TO 11 — Wipe the table after dinner
- AGES 12 AND UP — Tidy my room
- AGES 12 AND UP — Do the dishes or load the dishwasher
- AGES 12 AND UP — Wipe the counters after dinner
- AGES 12 AND UP — A 10-minute tidy of one shared room

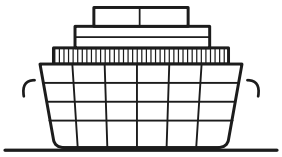
ONCE A WEEK

- AGES 3 TO 5 — Match the socks from the clean laundry
- AGES 3 TO 5 — Wipe the table with a damp cloth
- AGES 6 TO 8 — Empty the small trash cans
- AGES 6 TO 8 — Dust the low shelves and tables
- AGES 9 TO 11 — Vacuum my room
- AGES 9 TO 11 — Fold and put away my laundry
- AGES 12 AND UP — Wash, dry and fold my laundry
- AGES 12 AND UP — Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

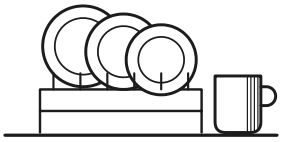
HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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KIDS'

CHORE CHART



Simple Jobs They Can Do Alone

Ages 12 and up · Whole jobs, start to finish

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Tidy my room	○	○	○	○	○	○	○
Do the dishes or load the dishwasher	○	○	○	○	○	○	○
Wipe the counters after dinner	○	○	○	○	○	○	○
A 10-minute tidy of one shared room	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Wash, dry and fold my laundry	_____	○
Clean the bathroom sink, mirror and toilet	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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Kids' Chores

BY AGE

Small jobs, every day.

The jobs grow with the child

1 

Ages 3 to 5

→ Little jobs, done together

EVERY DAY

- ☐ Put toys back in their bin
- ☐ Carry my plate to the counter
- ☐ Dirty clothes in the hamper
- ☐ Help make my bed

ONCE A WEEK

- ☐ Match the socks from the clean laundry
- ☐ Wipe the table with a damp cloth

2 

Ages 6 to 8

→ Small jobs, every day

EVERY DAY

- ☐ Make my bed
- ☐ Put clean clothes away
- ☐ Set or clear the table
- ☐ Bag and shoes to the launch spot

ONCE A WEEK

- ☐ Empty the small trash cans
- ☐ Dust the low shelves and tables

3 

Ages 9 to 11

→ Bigger jobs, done alone

EVERY DAY

- ☐ Tidy my room
- ☐ Pack my lunch or snack
- ☐ Load or empty the dishwasher
- ☐ Wipe the table after dinner

ONCE A WEEK

- ☐ Vacuum my room
- ☐ Fold and put away my laundry

4 

Ages 12 and up

→ Whole jobs, start to finish

EVERY DAY

- ☐ Tidy my room
- ☐ Wipe the counters after dinner
- ☐ Do the dishes or load the dishwasher
- ☐ A 10-minute tidy of one shared room

ONCE A WEEK

- ☐ Wash, dry and fold my laundry
- ☐ Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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Kids' CHORES BY AGE

4 Ages, 6 Jobs Each



1 AGES 3 TO 5

Little jobs, done together

EVERY DAY

- Put toys back in their bin
- Dirty clothes in the hamper
- Carry my plate to the counter
- Help make my bed

ONCE A WEEK

- Match the socks from the clean laundry
- Wipe the table with a damp cloth



2 AGES 6 TO 8

Small jobs, every day

EVERY DAY

- Make my bed
- Set or clear the table
- Put clean clothes away
- Bag and shoes to the launch spot

ONCE A WEEK

- Empty the small trash cans
- Dust the low shelves and tables



3 AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- Tidy my room
- Load or empty the dishwasher
- Pack my lunch or snack
- Wipe the table after dinner

ONCE A WEEK

- Vacuum my room
- Fold and put away my laundry



4 AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- Tidy my room
- Do the dishes or load the dishwasher
- Wipe the counters after dinner
- A 10-minute tidy of one shared room

ONCE A WEEK

- Wash, dry and fold my laundry
- Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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KIDS' CHORES

BY AGE

For Preschoolers to Teens

1

AGES 3 TO 5

Little jobs, done together

EVERY DAY

- ○ Put toys back in their bin
- ○ Carry my plate to the counter
- ○ Dirty clothes in the hamper
- ○ Help make my bed

ONCE A WEEK

- ○ Match the socks from the clean laundry
- ○ Wipe the table with a damp cloth



2

AGES 6 TO 8

Small jobs, every day

EVERY DAY

- ○ Make my bed
- ○ Put clean clothes away
- ○ Set or clear the table
- ○ Bag and shoes to the launch spot

ONCE A WEEK

- ○ Empty the small trash cans
- ○ Dust the low shelves and tables



3

AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- ○ Tidy my room
- ○ Pack my lunch or snack
- ○ Load or empty the dishwasher
- ○ Wipe the table after dinner

ONCE A WEEK

- ○ Vacuum my room
- ○ Fold and put away my laundry



4

AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- ○ Tidy my room
- ○ Wipe the counters after dinner
- ○ Do the dishes or load the dishwasher
- ○ A 10-minute tidy of one shared room

ONCE A WEEK

- ○ Wash, dry and fold my laundry
- ○ Clean the bathroom sink, mirror and toilet



STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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KIDS'
Chore Chart

AGES 3 TO 5 · LITTLE JOBS, DONE TOGETHER

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Put toys back in their bin	○	○	○	○	○	○	○
Dirty clothes in the hamper	○	○	○	○	○	○	○
Carry my plate to the counter	○	○	○	○	○	○	○
Help make my bed	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Match the socks from the clean laundry	_____	○
Wipe the table with a damp cloth	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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Easy Wins for Little Helpers
Kids' Chore CHART

AGES 6 TO 8 · SMALL JOBS, EVERY DAY

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Make my bed	○	○	○	○	○	○	○
Set or clear the table	○	○	○	○	○	○	○
Put clean clothes away	○	○	○	○	○	○	○
Bag and shoes to the launch spot	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Empty the small trash cans	_____	○
Dust the low shelves and tables	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

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Kids' CHORE CHART

★ AGES 12 AND UP · WHOLE JOBS, START TO FINISH ★

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Tidy my room	○	○	○	○	○	○	○
Do the dishes or load the dishwasher	○	○	○	○	○	○	○
Wipe the counters after dinner	○	○	○	○	○	○	○
A 10-minute tidy of one shared room	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Wash, dry and fold my laundry	_____	○
Clean the bathroom sink, mirror and toilet	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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AGES 3 TO 5 · LITTLE JOBS, DONE TOGETHER

Kids' Chore Chart

THIS CHART BELONGS TO _____ WEEK OF _____

EVERY DAY

	M	T	W	T	F	S	S
Put toys back in their bin	○	○	○	○	○	○	○
Dirty clothes in the hamper	○	○	○	○	○	○	○
Carry my plate to the counter	○	○	○	○	○	○	○
Help make my bed	○	○	○	○	○	○	○
_____	○	○	○	○	○	○	○

ONCE A WEEK

	DAY	DONE
Match the socks from the clean laundry	_____	○
Wipe the table with a damp cloth	_____	○
_____	_____	○

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE

Show it, do it together, then let them do it alone. Tick it right after it's done, not at bedtime. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

THIS WEEK I'M PROUD OF:

_____

Small jobs, every day.

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KIDS'
CHORES BY AGE

The jobs grow with the child



1 AGES 3 TO 5

Little jobs, done together

EVERY DAY

- Put toys back in their bin
- Dirty clothes in the hamper
- Carry my plate to the counter
- Help make my bed

ONCE A WEEK

- Match the socks from the clean laundry
- Wipe the table with a damp cloth

2 AGES 6 TO 8

Small jobs, every day

EVERY DAY

- Make my bed
- Set or clear the table
- Put clean clothes away
- Bag and shoes to the launch spot

ONCE A WEEK

- Empty the small trash cans
- Dust the low shelves and tables

3 AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- Tidy my room
- Load or empty the dishwasher
- Pack my lunch or snack
- Wipe the table after dinner

ONCE A WEEK

- Vacuum my room
- Fold and put away my laundry

4 AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- Tidy my room
- Do the dishes or load the dishwasher
- Wipe the counters after dinner
- A 10-minute tidy of one shared room

ONCE A WEEK

- Wash, dry and fold my laundry
- Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

◆ HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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THE JOBS GROW WITH THE CHILD

KIDS'

CHORES BY AGE

1 AGES 3 TO 5

Little jobs, done together

EVERY DAY

- Put toys back in their bin
- Dirty clothes in the hamper
- Carry my plate to the counter
- Help make my bed

ONCE A WEEK

- Match the socks from the clean laundry
- Wipe the table with a damp cloth

2 AGES 6 TO 8

Small jobs, every day

EVERY DAY

- Make my bed
- Set or clear the table
- Put clean clothes away
- Bag and shoes to the launch spot

ONCE A WEEK

- Empty the small trash cans
- Dust the low shelves and tables

3 AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- Tidy my room
- Load or empty the dishwasher
- Pack my lunch or snack
- Wipe the table after dinner

ONCE A WEEK

- Vacuum my room
- Fold and put away my laundry

4 AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- Tidy my room
- Do the dishes or load the dishwasher
- Wipe the counters after dinner
- A 10-minute tidy of one shared room

ONCE A WEEK

- Wash, dry and fold my laundry
- Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

Small jobs, every day.

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KIDS' CHORES BY AGE

Ages 3 to 12 and Up

1 AGES 3 TO 5

Little jobs, done together

EVERY DAY

- Put toys back in their bin
- Dirty clothes in the hamper
- Carry my plate to the counter
- Help make my bed

ONCE A WEEK

- Match the socks from the clean laundry
- Wipe the table with a damp cloth

2 AGES 6 TO 8

Small jobs, every day

EVERY DAY

- Make my bed
- Set or clear the table
- Put clean clothes away
- Bag and shoes to the launch spot

ONCE A WEEK

- Empty the small trash cans
- Dust the low shelves and tables

3 AGES 9 TO 11

Bigger jobs, done alone

EVERY DAY

- Tidy my room
- Load or empty the dishwasher
- Pack my lunch or snack
- Wipe the table after dinner

ONCE A WEEK

- Vacuum my room
- Fold and put away my laundry

4 AGES 12 AND UP

Whole jobs, start to finish

EVERY DAY

- Tidy my room
- Do the dishes or load the dishwasher
- Wipe the counters after dinner
- A 10-minute tidy of one shared room

ONCE A WEEK

- Wash, dry and fold my laundry
- Clean the bathroom sink, mirror and toilet

STAY SAFE Ask a grown-up first: sprays and cleaners, sharp knives, the stove and the oven.

HOW TO USE Find each child's age here, then print that chart. Show it, do it together, then let them do it alone. A missed day stays blank. Swap a job or print a new chart at the Weekly Reset.

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